



Gavin's background is diverse as it is unique –He is a fully registered psychologist with experience in both the sporting and corporate world. He has held a Directors position within a large consulting company as well as an internal head of HR. His 14 years of experience in human capital consulting has been with blue-chip Australian and International organisations across numerous industries including banking, construction, mining, telecommunication and government. Gavin consults across Australia and Aisa to CEO's, Executives, Managers and Elite Coaches delivering a variety of experiential Performance Mastery Workshops, Change Leadership Consulting, Strategic workshop facilitation, Executive Coaching, and Team Building experiences. As a psychologist his insights bring an understanding of human behaviour, and how to best create a high performing culture. His book, "The Business Olympian" released in June 2008 captures the mental toughness lessons learned from elite athletes and how these skills can be easily transferred into the corporate world. For a free e-copy log onto twitter and search for @busolympian

His second book, "Just stop Motivating Me" was released in March 2016 and he can usually be heard on one of the business radio and TV shows across Australia.

Gavin was the team psychologist for the Winter Olympic team in Turrino 2006 and 2000 Sydney Paralympic Games. He was also Team Psychologist for the Olympic Archery Team in Sydney 2000. At the professional level he has worked with a variety of athletes from the best sporting leagues around the world including the NBA, WNBA, and PGA, additionally he was the Psychologist for a Team at the 2003 Rugby World Cup.

He holds a Bachelor of Science, and Bachelor of Psychology from University of Western Australia, a Master of Psychology from University of Southern Queensland and his MBA is from Deakin. Gavin is also an Honorary Fellow at Deakin University

For More information contact Fiona Watson [fiona@businessolympian.com.au](mailto:fiona@businessolympian.com.au) or 0411 235 101

